Suggested Activities for Transgender Native Americans who are HIV Positive

Module 1, HIV Epidemic Among Native Americans

- 1. Discuss: Describe the HIV Epidemic among Transgender Native Americans who are HIV Positive.
- 2. Discuss: Describe the demographic characteristics of Transgender Native Americans who are HIV positive.

Module 2, HIV Transmission and Treatment Risk Factors

- 1. Discuss: Describe the "Transgender Umbrella" and the "Two-spirit" concepts and its implication to HIV transmission and treatment of Transgender Native Americans who are HIV.
- 2. Discuss: Describe at least three factors that are associated with increase risk for HIV infection among Transgender Native Americans.

Module 3, Cultural Competence Barriers and Challenges:

- 1. Discuss: Describe how discrimination and distrust of authority are barriers for diagnosing and treatment of Transgender Native Americans who are HIV positive.
- 2. Discuss: Describe how demographics and regional locations of Transgender Native Americans who are HIV positive impacts identification of infected individuals, prevention, access to care, and treatment.
- 3. Discuss: How does traditional health practices influence the treatment of Transgender Native Americans who are HIV positive?
- 4. Discuss: Describe at least two challenges in providing appropriate HIV prevention and treatment services for Transgender Native Americans.

Module 4, Implementing Culturally Competent Care for Transgender Native Americans

1. Discuss: Describe three elements of a cultural competent framework that can be used to provide treatment to Transgender Native Americans who are HIV positive.

- 2. Discuss: Describe the concept of racial concordance between HIV patients and their health care providers.
- 3. Discuss: Describe factors with HAART adherence and its impact on Transgender Native Americans who are HIV positive.
- 4. Discuss: Describe the process of engaging the Native American community, including Native professionals, to cultivate trust and support, in order to implement culturally appropriate treatment services for Transgender Native Americans who are HIV positive.

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